

LAKES REGION CURLING ASSOCIATION

Code of Conduct and Fair Play

The association is committed to a positive curling experience for all members and guests under the motto of:

GOOD FELLOWSHIP

GOOD SPORTSMANSHIP

GOOD CURLING

The spirit of curling demands good sportsmanship and honorable conduct. This spirit should influence both the interpretation and application of the rules of the game as well as conduct of all participants in LRCA matches.

CURLER'S CODE OF ETHICS

I will play the game with a spirit of good sportsmanship.

I will conduct myself in an honorable manner both on and off the ice.

I will never knowingly break a rule – but if I do, I will divulge the breach.

I will take no action that could be interpreted as an attempt to intimidate or demean any opponents, teammates or officials.

I will interpret the rules in an impartial manner, always keeping in mind the purpose of the rules is to ensure the game is played in an orderly and fair manner.

FAIR PLAY

Fair play begins with the strict observance of the written rule; however, in most cases, fair play involves something more than even unfailing observance of the written rule. The observance of the spirit of the rules, whether written or unwritten, is important.

Fair play is consistent demonstration of respect for teammates and opponents, whether they are winning or losing.

Fair play is consistent demonstration of respect for officials, an acceptance of their decisions and a steadfast spirit of collaboration with them.

Fair play is a consistent demonstration of sportsmanship both on and off the ice. This includes modesty in victory and composure in defeat.

(TURN OVER)

CURLING ETIQUETTE.... THE UNWRITTEN RULES

Curling has its rules governing play, but equally important is the way each player conducts himself or herself while curling. Some key elements of curling etiquette include the following:

- Be on time for your game. Delays are upsetting to your opponents and your own team.
- Shake hands with your opponents before and after each game.
- Opposing players (usually the vices) toss a coin at the start of the game to determine last rock advantage in the first end.
- When your opponents are preparing for delivery, stand to the side of the sheet, single file and between the hog lines. Move only after the rock has been released.
- If you are throwing next, you may stand on the backboard, but remain quiet and out of sight of the opposition thrower.
- Only skips and vices may congregate behind the tee line. They do not move or hold their brooms on the ice while the opposition is preparing to deliver a rock.
- Wear clean, appropriate footwear that will not damage the ice.
- Be ready to go when it's your turn to deliver a rock.
- At the conclusion of an end, all players remain outside the rings until the opposing vices have agreed on the score.
- If the score is very one-sided in your favor, do not post additional points until the opposing team wins an end.
- Be modest in victory and composed in defeat-It's only a game!

(TURN OVER)