

LAKES REGION CURLING ASSOCIATION

COVID-19 Protocols

To ensure the health of all curlers, the LRCA has established the following protocols:

- Wearing of masks during matches is highly encouraged.
- If you do not feel well, do not come to the arena.
- If you test positive for COVID-19, notify the LRCA and follow the guidance of a medical professional before returning to curling. The LRCA will notify all members that a player has been determined to be infected.
- If you have had close contact with someone who has tested positive for COVID-19, consult a medical professional regarding your ability to return to curling. Following CDC guidance, close contact involves being within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes).